



# Midstream Baby House Menu - Summer & Autumn



Week 1

Week 2

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	Mac and Cheese with Peas	Tuna Bake	Chicken and Butternut Risotto	Chicken and Broccoli with Rice	Spagetti Bolognaise
Week 2	Quiche	Chicken-a-la-King on Rice	Cottage Pie	Traditional Chicken Pie	Breakfast Risotto



A combinations of veggies & meat dishes are served to babies who are already eating meat. Texture is added with age.

Meat Dishes	Veg of the Day	Texture
Beef Stew	Butternut	Cous-Cous
Chicken & Apple Pureé	Pumpkin	Mini Pasta Stars
Chicken & Apricot Pureé	Sweet Potato	
Chicken & Tomato Pureé	Green Veg Mix	